



Timber Ridge School offers Diagnostic & Assessment Program

Overview

The Diagnostic and Assessment Program (DAP) generates a full evaluation, including limited family and home review, with detailed recommendations while stabilizing the student in a highly structured setting. The evaluation targets psychological and academic functioning, as well as family and social relationships, medical status, medical evaluation by consulting psychiatrist, and home environment. Simultaneously, the structured setting which includes a behavior support system helps to stabilize the student's emotions and behaviors, while teaching accountability in supportive relationships with staff. Additionally, Timber Ridge School is implementing trauma-informed care through use of the ARC (Attachment, Regulation, Competency) model and the Sanctuary model through weekly S.E.L.F. groups.

Purpose

The purpose of this service is to provide referring agencies with a thorough understanding of a student and his home environment, who is either new to their agency, or has been unsuccessful with less intensive services.

Timelines and Transitions

- ◇ The comprehensive evaluation is conducted during the first eight weeks.
- ◇ The Feedback and Planning Meeting is held within 15 weeks with all of the vested persons, such as agency representatives, parent figures, Timber Ridge School staff, and the student. During this collaborative meeting, evaluation results and recommendations are discussed, and a student-focused plan of action is created.
- ◇ Weekly home transitional visits, if appropriate, are supported with family counseling during the last 4-6 weeks. This includes a discharge plan recommendation for the next least restrictive and most appropriate level of care.

Admission

Because the student is being referred for a comprehensive evaluation, there may be limited information available at the time of referral. However, procedurally, we will determine a student's appropriateness based on the same criteria we use generally for admissions. Timber Ridge School assesses, treats, and SHAPES boys 10 to 21-years-old, in grades 6 to post-secondary, who present with relatively strong emotional and behavioral disturbances. Examples of inappropriate students for our setting include students who are acutely suicidal or violent, actively dependent on substances, psychotic, or blatantly acting out sexually.

Progress Reports

- ◇ An Individual Plan of Care (IPOC) is generated within 24 hours of admission.
- ◇ Monthly progress reports are created and shared with participating agency persons and parent figures.

Want more information? Contact Timber Ridge School today . . .

Tim Elliott, M.Ed.
Assistant Director of Admissions
877-877-3025; 540-888-9521
elliott@trschoool.org

Derek Unger, M.A.
Assistant Director of Admissions
877-877-3026; 540-888-9522
unger@trschoool.org