



# Timber Ridge School offers Enhanced Residential Services

Students in need of a highly structured, intensive focused treatment approach are appropriate for the treatment program, Enhanced Residential Services. The Enhanced Residential Services utilizes evidenced based curriculums and develops treatment plans which are individualized and meets the standards required for *Virginia* Medicaid reimbursement of services. Timber Ridge School's residential services are nationally accredited by the Council on Accreditation (COA).

## Admission Criteria

- ◇ Exclusively male applicants ages 10-18
- ◇ Adolescent has a DSM-5 primary psychiatric disorder and meets the Magellan criteria for medical necessity
- ◇ Adolescent has documented behaviors confirming impaired ability to maintain/sustain adequate functioning in major life areas to include home, school, community
- ◇ Adolescent has disabling symptoms documented to be unmanageable in a less intensive treatment program
- ◇ Adolescent is medically stable, absent of substance use requiring detoxification, and without current psychotic features
- ◇ Adolescent is absent of active suicidal/homicidal ideation
- ◇ Adolescent has an IQ of 70 and above or sufficient cognitive abilities to access our general program treatment requirements; diagnosis on the autism spectrum is exclusionary

## Characteristics of Students

- ◇ Seriously emotional disturbance and complex symptoms
- ◇ Specific DSM-5 diagnosis, including dual diagnosis
- ◇ Trauma history

## Service Description

- ◇ Intensity, duration, and chronicity of the disturbance are significant in determining intensity, duration, and direction of the treatment
- ◇ Active involvement and clinical review provided by the Director of Psychiatric Services
- ◇ Student to Staff ratio is 5:1
- ◇ Clinical counseling facilitated by licensed practitioners — counseling sessions three (3) times a week; weekly family sessions
- ◇ An accredited academic program with Individualized Instructional Plan (IIP)
- ◇ A minimum of 21 scheduled therapeutic activities aligned with a Comprehensive Individualized Plan of Care (CIPOC) and guided by evidenced based curricula
- ◇ Behavior support system coupled with current implementation of trauma-informed care through use of the ARC (Attachment, Regulation, Competency) model and the Sanctuary model through weekly S.E.L.F. groups.

**What questions do you have? Contact Timber Ridge School today . . .**

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