



# Timber Ridge School offers Intensive In-Home Services

## **Overview of Services.**

- ◇ While in the home setting, assess family dynamics and develop strength-based strategies to enhance functioning.
- ◇ Development of productive adolescent-parent relationships.
- ◇ Increasing effective communication, defusing crisis, and stabilizing the home environment.
- ◇ Intensive counseling services with adolescent and the family.
- ◇ Assist in meeting transitional needs and in the resolution of difficulty occurring in the school setting.
- ◇ Assist adolescent in his surroundings with social skills and leisure time activities.
- ◇ Assist adolescent, when appropriate, in developing job readiness skills, job placement, and job maintenance.
- ◇ Provide services to the family through networking with other community agencies.
- ◇ Estimated length of service will range from 12 to 26 weeks as mutually determined by family, agency, Timber Ridge School with subsequent CSA/DMAS approval per Medicaid standards. Services may also be exclusively funded through CSA without Medicaid approval where necessary.
- ◇ Limited geographical catchment—within a 25 mile radius of TRS.

## **Common characteristics of adolescents and families benefiting from this service.**

- ◇ Family has demonstrated the need for additional strengths in managing the behavior and structure in the home environment.
- ◇ Adolescent has demonstrated the following: defiant, oppositional behavior; disruptive behavior in school; truancy from school; and/or angry outbursts.
- ◇ Completed requirement of Community Service Board (VICAP or other assessments) resulting in CSA/FAPT review and approval.

## **Qualifications of staff.**

- ◇ Clinical supervision is provided by a licensed professional.
- ◇ Each staff holds a minimum of 2 years experience in the field, related experience in the community treatment setting.
- ◇ Staff providing services hold Masters level of education in Counseling and is license eligible (LPC).
- ◇ Each staff has competency-based training for best practice standards.

## **Progress Reports.**

- ◇ A Family Treatment Plan is developed collaboratively with family members and relevant agency representatives.
- ◇ Progress notes are maintained documenting each service contact noting progress towards established treatment plan goals.

**For more information or to make a referral, please contact Timber Ridge School today**

Tim Elliott, M.Ed.  
Assistant Director of Admissions  
877-877-3025; 540-888-9521  
[elliott@trschoool.org](mailto:elliott@trschoool.org)

Derek Unger, M.A., PPSL  
Assistant Director of Admissions  
877-877-3026; 540-888-9522  
[unger@trschoool.org](mailto:unger@trschoool.org)