



Timber Ridge School

540.888.3456
877-877-3010

www.TimberRidgeSchool.org

SERVICE DESCRIPTIONS & RATE STRUCTURE

| | Enhanced Residential Services or Diagnostic & Assessment Program (Virginia Medicaid Reimbursable) | Goal Based Services (CSA/MDT Eligibility Required) | Dedicated Substance Abuse Unit (Virginia Medicaid Reimbursable ARTS 3.5) |
|---|---|--|--|
| Ages Served | 10-21 | 10-21 | 10-21 |
| Gender Served | Males | Males | Males |
| Admission | <ul style="list-style-type: none"> • DSM-5 DIAGNOSIS REQUIRED for MAGELLAN AUTHORIZATION • IACCT REFERRAL PROCESS REQUIRED • The student exhibits emotional and/or behavioral problems • The student has mild to moderate medical needs • Psychological/emotional difficulty required ongoing clinical intervention • The student requires in-patient “step-down” therapy from locked and/or psychiatric stabilization in open campus setting | <ul style="list-style-type: none"> • The student exhibits emotional and/or behavioral problems • The student requires “step-down” to moderate to high level of structure while maintaining family/guardian therapy • The student has mild to moderate medical needs | <ul style="list-style-type: none"> • The student exhibits emotional and/or behavioral problems • The student has mild to moderate medical needs • DSM 5 – Cannabis, Poly Substance • Level 3.5 criteria as indicated in the American Society of Addiction Medicine (<u>The ASAM Criteria</u>) • PPA assessment – assessed for prevalence, duration of use, and noted progress. • Review last 3 UDS/Hair Test, review reports for positive test results. • Recommendation from IOP/less restrictive placement failures via ASAM Criteria • R/O detox – medical necessity |
| Requirements toward successful discharge | <ul style="list-style-type: none"> • Initial plan of care (IPOC) • Comprehensive plan of care to include discharge planning (CPOC) • Progressive reporting first 14-days; then 28 day intervals | <ul style="list-style-type: none"> • Initial Individualized Service Plan • Annual Individualized Service Plan • Progress reported at first 30-days and quarterly | <ul style="list-style-type: none"> • Initial and Annual Individuals Service Plans & Objectives • Family Counseling • Active Relapse Plan • 12 Step Participation • Successful home community visits • Drug screen assessments • Monthly Progress Reports • Completion of Point System for Groups |
| Services | <ul style="list-style-type: none"> • 5:1 staff ratio • 3 individual counseling sessions per week • 1 family counseling session per week if appropriate • 21 supportive counseling notes per week • Psychiatric services quarterly and for IPOC/CIPOC and treatment team meetings • On campus school • Limited home visits • Specialized curriculum, <i>Phillip Roy</i>, to support 21 Supportive Counseling activities | <ul style="list-style-type: none"> • 8:1 staff ratio • 1 individual counseling sessions per week • 1 group counseling session per week if appropriate • 7 supportive counseling notes per week • Psychiatric medication management if warranted • On campus school or potential for public school and work off campus • Frequent home/transitional visits • A minimum of monthly family sessions with bi-weekly sessions encouraged. | <ul style="list-style-type: none"> • 8:1 staff ratio • 1 individual counseling per week • Psycho educational SA groups (5 days a week) • 3 Therapy Groups a week (<i>Living in Balance</i>) • Daily goal reviews • 7 Supportive Counseling notes/ week • Psychiatric medication management if warranted • Transitional Living Apartment (Level 5 & 6, upon recommendation) • On campus potential for public school and work off campus • A minimum of monthly family sessions with bi-weekly sessions encouraged. • Quarterly Parent Workshops • Families on Campus Utilizing Strengths (F.O.C.U.S.) |

| | Enhanced Residential Services or Diagnostic & Assessment Program (Virginia Medicaid Reimbursable) | Goal Based Services (CSA/MDT Eligibility Required) | Dedicated Substance Abuse Unit (Virginia Medicaid Reimbursable ARTS 3.5) |
|--|---|--|--|
| Credentials and Caseload of Case Managers | <ul style="list-style-type: none"> Requirements consistent with Council on Accreditation (COA) and Virginia Department of Behavioral Health and Development Services license Psychiatric Director is a licensed psychiatrist Licensed clinician Unit Manager/ Case Manager - college degree | <ul style="list-style-type: none"> Requirements consistent with Virginia Department of Behavioral Health and Development Services license Unit Manager/ Case Manager - college degree Licensed clinician | <ul style="list-style-type: none"> LCSW, NCAC II, CSAC Licensed Clinician Masters Level Case Manager Requirements consistent with Virginia Department of Behavioral Health and Development Services license |
| Name of license to provide this service | <ul style="list-style-type: none"> Council on Accreditation Virginia Department of Behavioral Health and Development Services license: Level C RTC | <ul style="list-style-type: none"> Virginia Department of Behavioral Health and Development Services license : Mental Health RTC | <ul style="list-style-type: none"> Virginia Department of Behavioral Health and Development Services license: Substance Abuse RTC |
| Rate (July 2017 – June 2018) | <ul style="list-style-type: none"> Residential Room and Board \$88.65/day Residential Daily Supervision \$149.46/day Residential Supplemental Therapies \$156.41/day Residential Education \$202.14/school day (<i>Education is not Medicaid reimbursable</i>) | <ul style="list-style-type: none"> Residential Room and Board \$88.65/day Residential Daily Supervision \$91.43/day Residential Case Management \$11.98/day Residential Supplemental Therapies \$88.10/day Residential Education \$202.14/school day | <ul style="list-style-type: none"> Residential Room and Board \$88.65/day Residential Daily Supervision \$149.46/day Residential Supplemental Therapies \$156.41/day Residential Education \$202.14/school day (<i>Education is not Medicaid reimbursable</i>) Intensive In Home - \$60/hour |
| Optional Services | <ul style="list-style-type: none"> One-on-One supervision/tutoring/ESL \$26/hour Speech and Hearing/OT \$100/hour Additional Counseling - \$103/hour Group Therapy \$60/hour Transition Services \$65/hour | <ul style="list-style-type: none"> Psychotropic Medication Management \$4.46/day Post-Secondary (Work study/Career Exploration/Job Skills) \$125.75/day Educational Monitoring (Post) \$500/month Educational Monitoring (Secondary) \$700/month One-on-One supervision/tutoring/ESL \$26/hour Speech and Hearing/OT \$100/hour Additional Counseling - \$103/hour Additional Group Therapy \$60/hour Transition Services \$65/hour | <ul style="list-style-type: none"> Post-Secondary (Work study/Career Exploration/Job Skills) \$125.75/day Educational Monitoring (Post) \$500/month Educational Monitoring (Secondary) \$700/month One-on-One supervision/tutoring/ESL \$26/hour Speech and Hearing/OT \$100/hour Additional Counseling - \$103/hr Additional Group Therapy \$60/hour Blood or Hair Follicle Test-\$30/test Transition Services \$65/hour |

What questions do you have? Contact Timber Ridge School today . . .

Tim Elliott, M.Ed.
Assistant Director of Admissions
540-888-3456, ext.1130
elliott@trschoool.org

Derek Unger, M.A.
Assistant Director of Admissions
877-877-3026, 540-888-9522
unger@trschoool.org